



BSC Upper League Option 1 Definition



Upper League Option I

Basic Player Traits

- Tends toward aggressive play;
- Is not afraid of the ball or hesitant;
- Is looking to participate in competitive play in U11-up

Player Experience Level

- Has played for many seasons;
- Plays both seasons/year;
- Engages in off-season training and play

Player Skill Level

- Very Advanced;
- Has mastered all of the basic skills of the game;
- Is a consistent, reliable player; and
- Is interested in advanced moves and tactics

Family Commitment

- Three day/week practice commitment;
- Makes attending all practices, scrimmages, and games a top priority;
- Participates in off-season camps, leagues, etc.;
- May have much longer commutes for games; and
- Higher program fees - \$110/season - and potential additional tourneys add to overall cost.

Player Desire

- Learning and playing the game at a high level are very important



Upper League Option I

- Intended for players and parents who want the highest level of competition and training with a focus on preparing for competitive play;
- They are willing to invest additional time for practice, training, and travel. Kids often play year-round in summer camps, summer tournaments and leagues, and winter indoor leagues;
- 11v11 format, 110 x 70 field, and full-sized goal;
- Two ninety-minute weekday practices/week;
- Teams have third practice (run by coach) or training session (run by outside trainer) periodically during the season;
- Target Team Size = 16;
- Teams typically play in multiple tournaments during the year;
- Games are usually on Saturdays, but some are on Sunday and/or weekdays;



Upper League Option I (Cont.)

- Teams play in the CYS Option 1 Program, which has three levels – Bronze, Silver or Gold.
- As the teams move up from Bronze to Gold, the travel is likely to be farther from Broomfield. Teams compete against teams from across the extended Greater Denver areas, potentially from Pueblo, Colorado Springs, Denver South Metro, and Fort Collins; and
- Coaches, Age Group Coordinators, and the Upper League Manager work together to make determination in which level within the CYS program the team will play.